



Issue 5
FRIDAY
 27th March 2020
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Risdon Park News

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DATES TO REMEMBER

Friday 3rd
April 2020
LAST DAY OF TERM

Monday 6th
Tuesday 7th
Wednesday 8th
Thursday 9th
April 2020
PUPIL FREE DAYS!

Thursday 14th
May 2020
GOVERNING COUNCIL
AGM
PHONE CONFERENCE
ALL NEW NOMINATIONS WELCOME

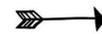
Dear Families

We are facing such uncertainty and change is evolving day by day. This is certainly a test of our resilience. While we have no control over some situations, please never lose sight that the power lays in how we respond to these situations. This is particularly important to consider as we manage our own anxieties and as we work with our children to keep them physically and mentally well.

Family engagement in the learning of their children is a strong determiner of a child's success. It is heartening to see this happening at such a large scale as families make the choice to keep children home and support them with their home learning package. I commend our teachers on their commitment and dedication to organising materials to ensure children continue their learning. Please can I remind you that if you are not on Dojo, that you communicate with your child's teacher to become connected. This is proving to be an excellent tool for teachers to touch base with families and to support families with the children's learning. Please continue to maintain communication with your child's teacher if you need assistance. Teachers are encouraged and excited by the families who have reached out through Dojo to support them with their child's learning.

Please be assured we are being as vigilant and as practicably possible in maintaining high levels of hygiene and social distancing for the children that need to be at school. Thank you for your support and understanding by respecting the measures we have put in place to maintain the health of our community. While we are being asked to maintain social distance and self-isolate, I feel a real sense of community and care for one another as we work through this tough time together.

We are all in this together



As the media states, "*We are in this together*", and although we are facing challenging times it is critical, now more than ever to be grateful for what we have. To think positively about what opportunities exist and lay in wait when it's all over. Reflecting on what is important, how we can do things differently and what we have learnt from this situation to build a better future. Challenging times will always bring, 'silver linings'. Keep an eye out for these! Stay positive and most of all stay healthy and connected with us.

Sincere and warmest regards.

Julie

WELLBEING LEADER



Helping children cope with stress during the 2019-nCoV outbreak



Children may respond to stress in different ways such as being more clingy, anxious, withdrawing, angry or agitated, bedwetting etc.

Respond to your child's reactions in a supportive way, listen to their concerns and give them extra love and attention.

Children need adults' love and attention during difficult times. Give them extra time and attention.

Remember to listen to your children, speak kindly and reassure them.

If possible, make opportunities for the child to play and relax.



Try and keep children close to their parents and family and avoid separating children and their caregivers to the extent possible. If separation occurs (e.g. hospitalization) ensure regular contact (e.g. via phone) and re-assurance.

Keep to regular routines and schedules as much as possible, or help create new ones in a new environment, including school/learning as well as time for safely playing and relaxing.



Provide facts about what has happened, explain what is going on now and give them clear information about how to reduce their risk of being infected by the disease in words that they can understand depending on their age.

This also includes providing information about what could happen in a re-assuring way (e.g. a family member and/or the child may start not feeling well and may have to go to the hospital for some time so doctors can help them feel better).



I have included an article that I found recently from the World Health Organization that provides some good advice on how we can best support our children's Mental Health during this pandemic. As an adult, a parent, a caregiver, a member of our community please remember our children are watching how we manage and react to crisis situations, what they see is what they learn. It important for us all to stay calm but be alert and follow ALL recommendations provided by Health professionals and the Government.

Carly Pavy
Wellbeing Leader

#stayhome
#staysafe
#staypositive

CAPTAIN'S CHAT



Aster Ramsay

Hello and Welcome to our week 9 newsletter.

It is crazy how fast times flies. We hope everyone has had a wonderful first term and following our schools 4 Golden Rules.

As you may know COVID-19 has taken the world by storm, although it is a bit of a panic we have been trying to focus on the more positive things here at Risdon Park Primary. Our school participated in **HARMONY DAY** last Friday and we all enjoyed celebrating the theme belonging together. All students looked great in their orange outfits!

Aster and Leo



Leo Johnson

Respect

Responsibility

Persistence

Confidence

Quality Education Empowering Community Minded Learners—*Helping each other to succeed.*

SCHOOL NEWS

RPPS CANTEEN NEWS for Week 10

Lunch and Recess orders need to be ordered via the QKR App or classroom lunch bags.

The canteen will not be operating during the recess or lunchtime breaks.

See front office staff in you require a lunch bag.

NO SLUSHIES will be available in Week 10!

Ice blocks/Ice creams must be ordered on lunch order bags. Thank You *Katie*

ATTENTION PARENTS

Here at RPPS we are asking our families to please join Class Dojo.

If you require any assistance please do not hesitate to contact your child's class teacher or the Front Office.



Official Announcement PUPIL FREE DAYS!

Monday 6th April

Tuesday 7th April

Wednesday 8th April

Thursday 9th April

We would like to thank our whole school community for their constant support!

Bakers Delight

A huge **THANK YOU** to Baker's Delight, Port Pirie and our RPPS families who helped us raise some extra funds.

We hope you enjoy your yummy Hot Cross Buns!!



COMMUNITY NOTICES

COVID-19 Testing Clinics

All Yorke and Northern Local Health Network (YNLHN) services are to follow the COVID 19 Testing Clinic Protocols.

Patients should be encouraged to contact the National Coronavirus Helpline on 1800 020 080 or visit the Health Direct Website <https://www.healthdirect.gov.au/coronavirus>

The below instructions for COVID 19 testing meet the approved criteria according to the COVID-19 response.

When a person feels unwell and in need of emergency assistance, they are asked to contact or attend their nearest Emergency Department.

Port Pirie Regional Health Service

Location: Corner of The Terrace and Alexander Street. Drive Through Clinic, located in the Ambulance Bay, and accessed by the main carpark.

Opening Times: Monday – Friday 9:00am-5:00pm and Saturday and Sunday 9:00am – 12:00pm

Public Instruction: Patients are to contact their usual medical centre in the first instance for assessment.

If testing is required, patient to call the hospital 8638 4500 and ask to speak with the emergency department regarding symptoms of COVID-19. Following a phone assessment, the patient will be directed to the drive through clinic at a specified time.

Patients are required to stay in their vehicle during testing.

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